

TIME CAPSULE LETTER

GRADE LEVELS: 3 - 12

SUBJECT:

DATE:

TOPIC: END OF YEAR REFLECTION

LESSON #

LESSON FOCUS AND GOALS:

STUDENTS WILL USE THIS LETTER TO THEIR FUTURE SELVES AS A REFLECTION OF THE PAST SCHOOL YEAR AND TO SET GOALS AT WHICH THEY CAN STRIVE TO ACCOMPLISH.

MATERIALS NEEDED:

- THE FOLLOWING PACKET PAGES
- WRITING UTENSIL
- ENVELOPE

LEARNING OBJECTIVES:

USE THEIR WRITING SKILLS TO REFLECT ON THE YEAR AND SET UPCOMING GOALS TO ACHIEVE.

STRUCTURE / ACTIVITY:

IN THE FOLLOWING ACTIVITY, STUDENTS CAN UTILIZE THE PLANNING SHEET TO POINT OUT SPECIFIC MOMENTS, IDEAS, GOALS, ETC. THAT THEY WOULD LIKE TO INCLUDE IN THE LETTER TO THEMSELVES THAT FOLLOWS. THE PLANNING PAGE IS NOT REQUIRED FOR THE STUDENTS TO COMPLETE, BUT IT MAY HELP THEM ORGANIZE THEIR THOUGHTS.

IN EACH LETTER, STUDENTS SHOULD CONSIDER MEMORIES OF THE SCHOOL YEAR, THEIR EMOTIONS THROUGHOUT, LESSONS LEARNED, PEOPLE THAT MADE IMPACTS IN THEIR LIVES, THE GOOD, THE BAD, THE THINGS THEY HAD TO OVERCOME TO BE SUCCESSFUL, ETC.

STUDENTS SHOULD SAVE THEIR LETTER IN A SEALED ENVELOPE TO BE READ FIVE YEARS LATER.

NOTES:



PLANNING SHEET



The following page can help you plan out what you want to write in your letter. Since you are writing to your future self, be sure to include what happened throughout this school year, what is going on in your life in the present, and what goals you wish to accomplish.
See directions on the following page.

Reflection on this past year:

Looking ahead at the future:

TIME CAPSULE LETTER

Name: _____
Class: _____
Teacher: _____
Date: _____

In the space provided below, write a letter to your future self. Be sure to include things that happened during this school year and goals you are looking forward to accomplishing in the future. This letter can be made as personal as you would like. Once your letter is complete, please secure it in a sealed envelope so that you can read it five years from now to reminisce on what you wrote.
